



# दीन दयाल उपाध्याय कॉलेज

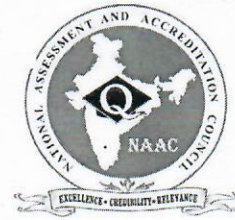
## DEEN DAYAL UPADHYAYA COLLEGE

NAAC Accredited Institution-'B' grade (CGPA=2.63)

(दिल्ली विश्वविद्यालय) (UNIVERSITY OF DELHI)

Sector-3, Dwarka, New Delhi-110 078.

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Ref.No. DDUC/PO/Counselling/2018/461

Dated: 1<sup>st</sup> November, 2018

### NOTICE

The Mentoring and Counselling committee of the college will be organising an interactive group mentoring counselling session for all the first year students of B.Sc.(Hons.) Chemistry, B.Sc (Hons.) Zoology **on Friday, 2<sup>nd</sup> Nov. 2018 from 11:00 a.m. to 1:00 p.m in Seminar Room 2 (Room No 509).**

The topic for the session will be:

#### *Exam Stress: Coping Mechanisms*

The counselling session will be conducted by invited experts and counsellors from zyego. The TIC's and the faculty members of the concerned department are requested to share and facilitate student participation for the same.

Interested students are requested to register for the session at the venue and entry will be on a first come first serve basis.

Attendance will be marked for participation in this two-hour session.

For further information, the following may be contacted:

Dr. Anubha Mukherji Sen

#### **Convenor**

Mentoring and Counselling Committee

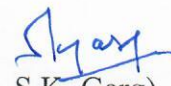
#### **Members:**

Dr. Sujata Sinha

Dr. Pramesh Ratnakar

Dr. Vandana Gupta

Dr. Manoj Saxena

  
(Dr. S.K. Garg)  
PRINCIPAL

Copy to:

1. All faculty members (by e-mail).
2. Student's Notice Board.
3. College Website.



एक कदम स्वच्छता की ओर